



JACE LACOSTE

Saturday, April 30, 2016

TENTATIVE TIME SCHEDULE

SATURDAY, April 30

8:00 AM	Women's Hammer
9:30 AM	Men's Hammer
8:30 AM	Women's 3000
9:00 AM	Men's 3000
NOON	Women's Long Jump
	Men's Long Jump
12:30 PM	Women's Shot Put
	Men's Shot Put
	Women's Javelin
1:30 PM	Men's Javelin
2:00 PM	Women's Triple Jump
	Men's Triple Jump
1:30 PM	Women's High Jump
1:30 PM	Women's Pole Vault
2:45 PM	Men's High Jump
3:00 PM	Women's Discus
3:30 PM	Men's Pole Vault
4:15 PM	Men's Discus

RUNNING EVENTS

1:30 PM	WOMEN'S 4 X 100
1:40 PM	MEN'S 4 X 100
1:45 PM	WOMEN'S 1500
2:00 PM	MEN'S 1500
2:10 PM	WOMEN'S 100H
2:20 PM	MEN'S 110H
2:30 PM	WOMEN'S 400
2:35 PM	MEN'S 400
2:45 PM	WOMEN'S 100
2:50 PM	MEN'S 100
3:00 PM	WOMEN'S 800
3:10 PM	MEN'S 800
3:40 PM	WOMEN'S 400H
3:50 PM	MEN'S 400H
4:00 PM	WOMEN'S 200
4:10 PM	MEN'S 200
4:15 PM	WOMEN'S 3000SC
4:30 PM	MEN'S 3000SC
4:45 PM	WOMEN'S 4 X 400
4:55 PM	MEN'S 4 X 400



JACE LACOSTE INVITATIONAL

Saturday, April 30, 2016

- MEET** Open to all Teams
- INFORMATION:** Daniel Schmidt DSchmidt@athletics.msstate.edu
- RULES OF COMPETITION:** NCAA
- ENTRIES:** Will be done online by Direct Athletics, www.directathletics.com
If you do not already have an account for your team, you may request an account by emailing support@directathletics.com. *Upon packet pick-up you will need to make any scratches from the meet.*
- There is no limit to the number of entries per-event in the college division
- No Faxed or Phoned Entries will be accepted.**
ALL ENTRIES DUE BY TUESDAY, APRIL 26th
- Unattached entries contact Houston Franks via email. HFranks@athletics.msstate.edu
- ENTRY FEES:** No Entry Fee for the meet for teams, \$20 for unattached athletes.
- SCORING:** It will be a non-scored meet
- PREFERRED LANES:** 5-6-7-3-8-2-9-1
- RESULTS:** Will be posted at the conclusion of each event inside the stadium.
- ADMISSION PRICES:** FREE for all spectators
- WARM-UP AREA:** General warm up outside of stadium. The Track & Field Complex will be closed for any warm-ups until both the Men's and Women's Hammer Competition is completed. The adjacent practice football fields will be open for warm-ups at this time. NO THROWING ON THE WARM-UP FB FIELDS.
- WEIGH INS:** Implement Weigh-ins will be under the large tent inside the track.
All implements will be held until the start of warm-ups for each individual competition
- SAFETY:** **NO HEADPHONES OR AUDIO DEVICES ARE ALLOWED ON THE INFIELD or TRACK AT ANY TIME!** Failure to comply will be subject to disqualification
- POST MEET:** Shower facilities will be available following the competition.